

# Peace Grove Workshop Area Agreements

## Hosted By Thrive

Hi 😊 This is Alex, I am one of the co-creators of this space. As a host you will be part of our tribe and family, everyone involved gifts a lot of time and energy into making this space a powerful expression of coming together as one. I have carefully written out loads of info that can bring a lot of clarity to the space for you and our journey together. The text can be a bit lengthy but if you could take the time to read this, it would really meet my needs to communicate the logistics of the space. Thank you!

### Information for Presenters & Workshop Hosts in the Peace Grove

Thank you for your interest in presenting workshops at the Peace Grove at the Bubble Festival 2019. Applications are open until the 31st July 2019.

This document has information that you need to know before filling in your online application. Have a look and see if you are in alignment with our preferred way of co-creating. We hope you feel excited and motivated to co-create magic with us 😊

### **Thrive**

Thrive is an organisation based in Malta. It is a platform for Ecological Awareness, Permaculture and Conscious Living.

Our *vision* is to live in a world where we are more conscious and aware about our interactions with ourselves, with others and with the natural environment which sustains us; a world where we feel empowered to follow our passions and to live healthier and more meaningful lives. This vision inspires us to create a positive impact on the society and the environment we live in.

Our *mission* is to create platforms for learning, personal growth, self-expression and positivity, thereby offering opportunities that allow for a deeper knowledge of who we really are and offer a more authentic connection with others and with nature.

### **The Bubble**

The Bubble is a non-profit NGO which organises local events in support of humanitarian and environmental causes. The Bubble focuses on including everyone and is aimed at people of all ages and from all walks of life, particularly those that enjoy simple natural experiences, seeking to immerse themselves in new adventures. In line with this mantra, the NGO organises a non-profit weekend festival at the end of Summer to celebrate life. The Bubble festival celebrates contemporary art and music with a special focus on positive awareness-raising events.

The Bubble Festival will sweep you out of the city and into a stunning natural environment, immersing you in an atmosphere of learning, creativity, fun, relaxation, charity, sharing of new ideas and awakenings to what's going on outside your Bubble!

Our theme this year is, A Festival of Change, we highly encourage you to connect your workshop to this theme.

### **The Peace Grove**

The Peace Grove is found in the middle of the Golden Bay headland, a protected nature reserve, towered over by the majestic Ghajn Tuffieha tower. The Peace Grove is the hub of the Bubble Festival, a space that hosts a vast mix of workshops and wellness therapies. A wide range of workshops are held, covering topics such as environmental sustainability, permaculture, human connection, spirituality, healthy living, nutrition, martial arts and many more.

Our theme this year is 'Connection'. As human beings, we all have the basic human needs, among others Love, Peace, Joy, Community and especially Connection. Human beings often get caught up in the rat race of societies' engrained way of being (or doing), sleep walking through reality and numb to existence. In the Peace Grove, this year we are invited to step beyond our edges of comfort and

take a plunge into the aliveness of life. Be it stillness, movement, awareness or even play through connection, any resistance or density can be dissolved. To let go of the things that restrict us from our true expression... Let us connect to our innermost joy and stillness, through growth and expansion.

Following our true bliss, will no doubt lead us into our life purpose. We can will learn how to live a life where we thrive in our passions :)

Join us to delve into the soft world of connection. A space for us to connect with ourselves, each other and Mother Earth.

### **Expectations of Workshops Hosts:**

- To participate in the Peace Grove 'Opening Ceremony' on Monday 16<sup>th</sup> September at 18.00hrs; we invite you all to join this space and co-create it together, we open the space and set intentions of what we invite into this area; coming together in circle to manifest together this is often powerful. We also would love you to be part of the 'Closing Ceremony' on Sunday 22<sup>nd</sup> at 20.00hrs, again coming together in circle, reflecting back on the week and offer gratitude for what we have created in community and unity. If you would like to add a special contribution to these spaces, include info in your application.
- Workshop Promotion  
-Advertise and market your workshop through the means indicated in your application.  
-Here the invitation is to identify your workshop/presentation is you expression in the life and to share what we want to bring into this world we need communicate this to people, in a clear and attractive way. We all have something unique to share and by collectively spreading the reach about all the offerings of the Peace Grove, we have the opportunity to expand our collective reach, even extending out of our bubble to more and more people. In Malta often the topics found in the Peace Grove are not mainstream. If we work together as a tribe we can reach people that are further away from this knowledge. Using social media such as facebook, Instagram and twitter have a positive side which is that by just clicking from the comfort from your own home... a BIG impact. Our request is to put your energy into promoting your workshop and other workshops in the Peace Grove. We will be sending social media tips to all hosts pre-festival.
- Facilitators are encouraged to be self-reliant and to bring any equipment and materials required, including pens, paper, AV cables for laptops etc.
- This is not a space for personal for enforcing dogma, life stories and BS (belief systems); It is a high quality exchange of knowledge and sharing.

### **Logistical Info:**

- Workshops take place in the large flex tent.
- The Peace Grove will be running from Monday 16<sup>th</sup> 9am until 10pm Sunday 22<sup>nd</sup> September 2019. Daily from 9am-10pm.
- Presenters can arrive on site any time from Sunday 15<sup>th</sup>.
- Workshop Duration: Each workshop must be between 60 -120 minutes. Ideally workshops are not longer than 90 minutes. Since we have limited slots and use the space to provide a mix of local and international hosts, offering participants a diverse variety of topics while empowering local hosts, we ideally ask for a workshop to be maximum of 90 minutes. We understand this is shorter than the ideal time but to be able to offer a diverse menu of all-inclusive offerings, every workshop is a taster into the more in depth subject.
- One must keep in mind that this is a music festival and sound will be travelling from the other areas in the festival. Nevertheless, we provide a high quality sound bubble in the Peace Grove that can meet all your audio needs.

- Workshop hosts/presenters may apply for more than one workshop, especially if progressive learning is desired but there is no guarantee that all workshops will be chosen.
- A schedule of workshops will be arranged and made available prior to the festival, it will be sent to you sometime in August.
- The Peace Grove is renowned for its strong environmentally conscious focus, and we enjoy working with presenters that are resonant with our ethos. The Peace Grove is an alcohol and smoking free space in the festival and we appreciate your cooperation in this.
- If you choose to camp, hosts need to bring their own tents for camping, and there is a range of healthy vegetarian and organic food available to buy at the festival.

What we provide:

- All confirmed workshop hosts/presenters receive an admission ticket to the festival, a 7 day pass, please pick up your ticket prior to the festival by contacting Alexandra Cachia.
- A Peace Grove co-ordinator will be present to meet and greet you 15 minutes prior to your session and will show you around the workshop space.
- Microphones will be provided and MUST be used even if there are low numbers of attendance so that any audiences can hear clearly and by passers may be attracted. If you require a headset (to have your hands free, kindly indicate in your application)
- Please be aware that in a festival environment, participants pop in and out of workshops, this is something that is a frequent occurrence so please keep this in mind when planning your workshop. If you require attendees to be present for the whole duration and be punctual, kindly clearly indicate this in your workshop description.
- On prior request we can also provide: Power for laptops/ipods/mp3 etc, medium-sized whiteboards + board markers, a cable to connect our soundsystem to an external audio player (aux).

In your application, we really appreciate if you would provide the information requested as it helps us meet our needs to design the timetable.

Grateful for your desire to co-create with us and looking forward to play 😊

Alexandra Cachia  
Peace Grove Co-ordinator  
Bubble Festival